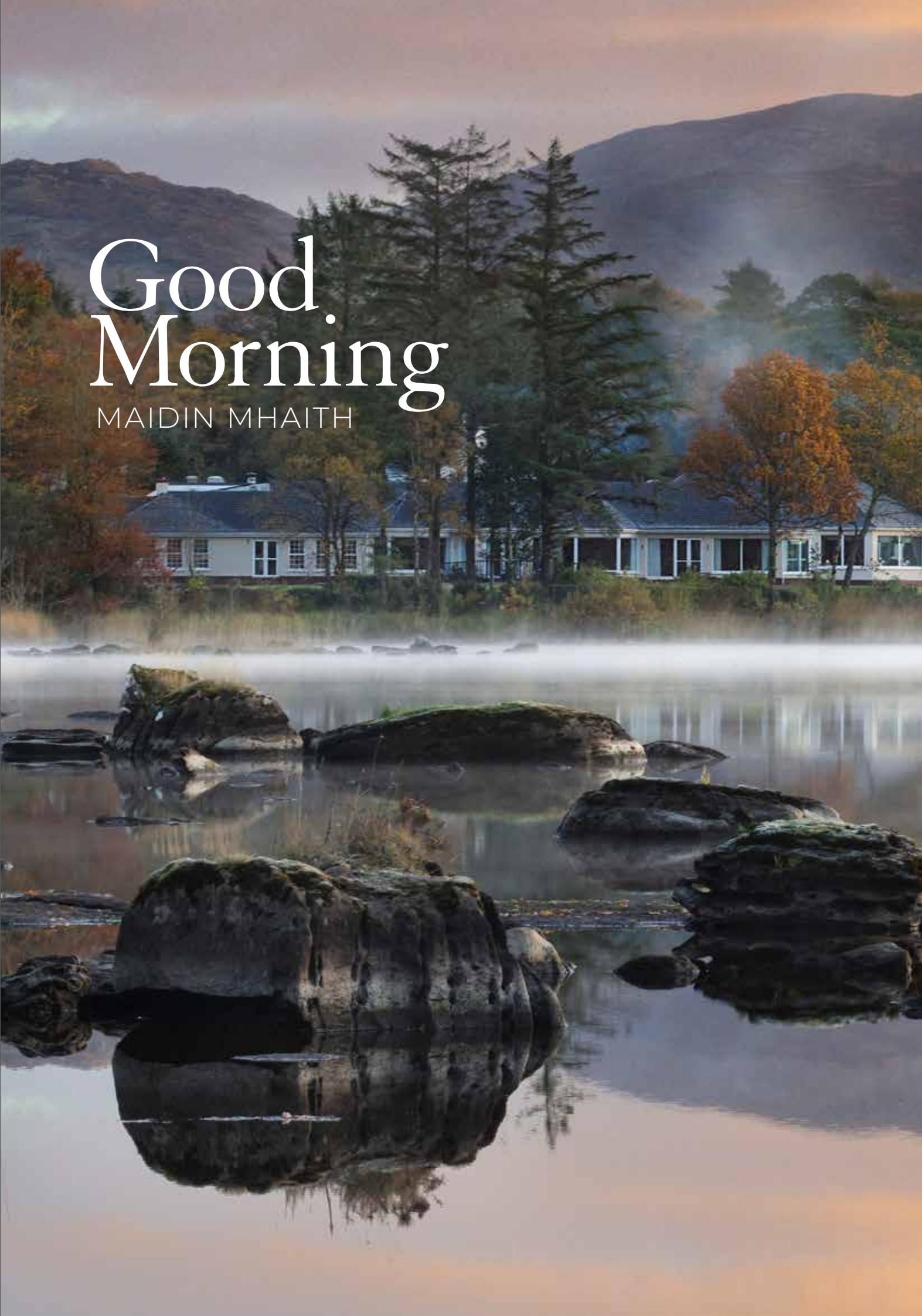




Good Morning

MAIDIN MHAITH

Promoting a Circular Food System

PART OF OUR AIMS & VALUES

At Harvey's Point we endeavour to source food locally where possible.

This is an integral part of our sustainability program to reduce food miles while sourcing quality and supporting the local economy.

As a team we are proactively shifting from a linear food system to a circular, sustainable one in which farming is done in a responsible, fully traceable way and seasonal local produce is promoted. Resources are delivered in recyclable packaging, reducing the need for single-use plastic. By-products are decreased by reutilising or composting whenever possible.

This results in wholesome, nutritious and eco-friendly ingredients which we prepare with care to produce the flavoursome, innovative food that is a hallmark of Harvey's Point.

Good Morning!

WELCOME TO BREAKFAST AT HARVEY’S POINT!

Start your day the continental way with a delightful selection of fresh fruits, cheeses, meats and breads, or go traditional with a hearty full Irish breakfast! Why not try something special from our pancake and omelette station freshly prepared by our chef!

Juice Bar

- ✓ Orange Juice
- ✓ Cranberry Juice
- ✓ Apple Juice
- ✓ Grapefruit Juice
- Fruit Smoothie
contains milk
- ✓ Dairy-Free Fruit Smoothie
- ✓ Harvey’s Revitalising Juice
contains celery

Our Chef RECOMMENDS

- ✓ Harvey’s Virgin Bloody Mary
Start the day with this health-promoting combo of tomato juice, celery, Worcestershire sauce, tabasco sauce, black pepper and lemon juice. contains wheat, fish, soya, celery

Cereals

full-fat, low-fat, skimmed and soya milk all available

- Muesli
contains wheat, oats, milk, hazelnuts
- ✓ Weetabix
contains wheat, barley
- ✓ Rice Krispies
contains wheat, barley
- ✓ Special K
contains wheat, barley
- ✓ Bran Flakes
contains wheat, barley
- ✓ Granola
contains cashews, almonds, peanuts
- ✓ Cornflakes
contains barley

Our Chef RECOMMENDS

Homemade Porridge
Cooked with water (✓) or milk with your choice of fresh cream, honey, berry compote or Irish cream liqueur for a real treat! contains oats, milk, sulphites

Fruits & Yoghurts

- ✓ Fresh Fruit
Fresh fruit selection.
- Yoghurts
Greek-style, natural, fruit. contains milk, hazelnuts, sulphites
- ✓ Dairy-Free Yoghurt
contains soya
- ✓ Prunes
Soaked in brandy and cinnamon. contains sulphites

Platters & Pastries

- Cold Platters
Selection of cheeses, cold meats and Donegal smoked salmon. contains fish, walnuts, milk, sulphites
- Bakery Selection
Homemade bread, Danish pastries, blueberry muffins and croissants with homemade jams and marmalade. contains wheat, egg, milk, almonds, pecans, may contain traces of sesame

Gluten-Free Options

- ✓ Cereals
may contain traces of nuts
- ✓ Porridge
contains sesame, soya, mustard, may contain traces of nuts and lupin.
- Pastries
contains egg, milk, soya
- ✓ Pancakes
contains soya
- Muffins, Bagels & Scones
contains egg, milk, soya, sesame
- ✓ Bread

Hot Beverages

ORDER FROM YOUR WAITER

- ✓ Tea Selection
Breakfast, Java Republic herbal range or decaffeinated.
- ✓ Coffee Selection
Freshly brewed Java Republic filter or decaffeinated.



Hot Buffet

- Grilled Back Bacon
- Butcher Style Pork Sausages
contains wheat, sulphites
- Gluten-Free Sausages
contains sulphites
- Black & White Pudding
contains wheat, oats
- ✓ Sautéed Mushrooms
- ✓ Baked Beans
may contain traces of gluten, soya, mustard
- ✓ Hash Browns
- ✓ Grilled Tomato
- Eggs
Scrambled, poached or fried. contains egg, milk, sulphites

Chef’s Station

- Pancakes
Choice of toppings: honey, mixed berry compote, syrup (golden, maple, Grand Marnier), sauces (caramel, chocolate, strawberry), Nutella, lemon wedges, icing sugar. contains wheat, egg, soya, milk, hazelnuts, sulphites
- Omelettes
Choice of fillings: cheese, ham, onions, mushroom, peppers, spinach, tomato. contains wheat, egg, milk, mustard
- Harvey’s Honey-Roasted Donegal Ham
Freshly carved by our chef. contains wheat, mustard

✓ Items marked with this symbol are vegan friendly.
We handle multiple food allergen ingredients in our kitchen and while we make every effort to prevent cross-contamination during preparation and service, we cannot guarantee the complete absence of allergens. If you suffer from severe food allergies, please let us know and we can discuss your requirements.

From the Kitchen

ORDER FROM YOUR WAITER

As all of the below items are freshly prepared, please allow 10-12 minutes for each dish.

Classic Eggs Benedict
Two poached eggs, toasted muffin, honey-roasted ham and hollandaise sauce. contains milk, sulphites, wheat, mustard, egg

Smoked Donegal Salmon
Served with scrambled eggs and brown bread. contains fish, milk, sulphites, wheat, egg

Grilled Kippers
Served with scrambled eggs and tomato. contains fish, milk, sulphites, egg

Wild Atlantic Way Fish Dish of the Morning
Ask your waiter about this morning’s special. contains egg, milk, fish

- ✓ Vegan Full Irish Breakfast
Two plant-based sausages, vegan rashers, baked beans, grilled tomatoes, sautéed mushrooms and hash browns. contains barley, soya, sulphites, wheat
- ✓ Avocado on Toast
Mashed avocado, wilted spinach, chilli jam on homemade sourdough bread. contains wheat
- ✓ Vegan Protein Pancakes
Choice of maple syrup, golden syrup, honey, strawberry sauce, vegan chocolate sauce, lemon or icing sugar. contains soya
- ✓ Vegan Omelette
Two plant-based omelettes served with a roasted pepper and tomato chutney. contains soya, wheat

A Special Treat

Mimosa Prosecco (142ml) <i>contains sulphites</i>	€9.90
Snipe of Prosecco (180ml) <i>contains sulphites</i>	€14.50
Maschio Prosecco Frizzante (750ml) <i>contains sulphites</i>	€35.00
Glass of Champagne Gremillet Brut (120ml) <i>contains sulphites</i>	€19.90
Champagne Gremillet Brut (750ml) <i>contains sulphites</i>	€105.00
Champagne Gremillet Rosé (750ml) <i>contains sulphites</i>	€110.00



Flower watercolours by Isobel Gysling taken from the collection in Isobel’s Gallery. Take a moment to enjoy them on your way from breakfast.